## **Athletic Department Policies**

All students who wish to participate in sporting events should be familiar with our athletic regulations.

- Athletes must follow all Massachusetts Interscholastic Athletic Association rules, located in the athletic director's office.
- Students must attend school for the entire school day in order to participate unless excused by the school administration prior to the function. Students should be in their classes by 7:45 a.m. Students who come in after 8:00 a.m. or leave before 2:25pm without a valid, written excuse from a doctor, dentist, etc, cannot practice or participate in sporting events on that day.
- Turners Falls High School athletes must maintain sound sportsmanship and school citizenship in class, in student affairs, and on the team.
- Students assigned to in-school or out-of-school suspension are ineligible for athletic activities on the day(s) of suspension. Should non-school days fall between suspension days, students will be ineligible during that period.
- Students will not receive a uniform until all fees are paid.
- All athletes must adhere to the MIAA loyalty to the high school team rule, as explained by the coach.
  We require our athletes to attend all practice sessions on a regular basis as well as games and
  mandatory team functions. Students must report planned absenteeism to the appropriate coach in
  advance. Missing a school sanctioned event and participating on a non- school event will result in a loss
  of 25% of school sanctioned games if this event occurs on a weekday!!!
- Prior to participation in a sport, students and parents must sign the athletic participation form as well as the MIAA Pre- Participation Concussion History Form. This is mandated by the MIAA.
- All students participating in the athletic program must have a physical exam on file with the school nurse. This physical exam is good for one calendar year.
- Once every 2 years, each student athlete must take the Impact baseline Test. This is used if a student/athlete sustains a concussion during a season and is used in the return to play policy by the doctor.
- During the season of practice or play, students shall not, regardless of the quantity, use/consume, possess, buy/sell, be under the influence of, or distribute any beverage containing alcohol, any tobacco products, marijuana, steroids, e-cigarettes (vape devices) or any other mind-altering substance. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.
- Students will be held to HIGH standards inside the classroom or school building, on the bus, at games and in the community. Remember, you are representing not only yourself but your family, team and school.
- If a student/athlete wants to leave after a game with a parent, they must have a note signed by the AD, Principal or Assistant Principal. Student/Athletes may only go home with their OWN parents.
- For all updated scores, postponements and any general information, please follow us on twitter at @TFHSAthletics, <u>www.miaa.net</u>, or <u>www.digitalsports.net</u> or you can download the FREE MIAA app for your smartphone
- Games are normally postponed by 1:00pm for afternoon games. Night games we try to hold out a little longer. Students will be notified by Twitter and school announcements. Parents should check the MIAA site, digitalsports site or Twitter.
- Contact information
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